

Indian Creek School Cross-Country

I give my son/daughter permission to participate in after-school sports at ICS.

We are aware of the responsibilities of participation and understand the risks involved in competitive sports.

We have read and agree to abide by the rules and regulations and any team rules set forth by the coaches (see attachment).

We have read and understand the process used to communicate game and practice schedules (see attachment).

We understand the \$100 uniform deposit will not be returned at the end of the season unless the complete uniform is returned in original condition (please make checks payable to Indian Creek School).

Parent/Guardian

Date

Student Athlete

Date

In emergencies requiring immediate medical attention, your child will be transported to the nearest hospital emergency room. Your signature authorizes responsible ICS coaches and personnel to have your child transported and treated at the hospital.

EMERGENCY INFORMATION

Phone Number(s)

(H) _____ (W) _____ (C) _____

Please indicate any medical conditions that the athletic director/coaches should be aware of such as the use of inhalers, allergies, seizures, etc. Please be specific, if special care is needed.

If you have any questions or concerns, please feel free to email me at tevans@indiancreekschool.com or call Troy Evans at 410-923-3660.

Middle School Athletic Policy

Indian Creek School

We stand firmly behind the Indian Creek School Philosophy of creating an athletic program that provides for all levels of play, teaches basic skills, teamwork, and cooperation. The Middle School Program is designed to offer our kids an opportunity to participate at a competitive level while keeping the best interest of the individual athlete in mind. We will do our best to place each athlete on a team that will allow that player the opportunity to play and improve based on his/her particular skill level and personal interests.

To create competitive teams within the framework of our philosophy, we plan to institute the following standards.

1. Parents and players must sign and return a permission slip that states that they have read and agree to the policy.
2. Practices will be held on Tuesdays, Wednesdays, and Thursdays and will not be canceled unless school is canceled.
 - a. Coaches will provide the team with optional activities on rainy days such as indoor practice, conditioning, chalk talks, etc.
 - b. Coaches will stay to supervise the team in aftercare if space is unavailable due to previous arrangements.
3. If a game is canceled, practice will still be held.
4. There is no reason to make phone calls home concerning games or practice.
5. Players are responsible for their team uniform and must be in full uniform to participate during games.
6. Players are expected to attend all practices.
 - a. Indian Creek will compromise with county coaches to help facilitate students playing on two teams as long as player, parent, and county coach understand that all ICS home and away games have priority over county practice.
 - b. Players are expected to attend all practices and games unless absent from school. Players cannot participate in games if absent from school.
 - c. A note (preferred via email) from a parent to the coach before a missed practice or game will be considered an excused absence.
 - d. Religious commitments, doctor's appointments, and family emergencies are examples of excused absences.
 - e. A player with 3 unexcused absences will be dismissed from the team.
7. Players are expected to be on time for all practices. Practice officially begins at 3:30 and all players should be dressed and ready to participate at this time.
8. Playing time will be given to each player, regardless of ability, who has participated fully in the previous practices.
 - a. Playing time may be limited by the coach for any player who has not participated fully during practice (late, lack of attention, disruptive, etc) and/or missed practice including excused absences.
 - b. Coaches may also use their discretion to field an appropriate team against the competition which may decrease or increase an individual's playing time. This may mean playing stronger more experienced players against stronger teams and less experienced players for a longer period of time against less experienced and less aggressive teams.
9. Players must be properly equipped for their sport. This includes indoor and outdoor footwear, protective equipment as required by rules, and appropriate athletic wear for practice such as shorts, sweats, t-shirts, tank tops, etc. (camisoles are not permitted).
10. If you have any questions or concerns, please feel free to contact the athletic director and/or coaches via phone, email or appointment. Please refrain from contacting coaches before, during or after games.

COMMUNICATION INFORMATION

Please Read....IMPORTANT!!!

Where do I find my child's schedule?

Refer to the *ATHLETICS – Middle School* section of the school's website (www.indiancreekschool.com). Here you will find a list of Middle School Sports. Click on your child's team to view the practice/game schedule for the season.

How will I be notified about changes to the schedule?

It is important to check the online schedule on a weekly basis since the schedule will undoubtedly change. If you'd like to receive emails regarding changes to the schedule, please register following the procedure below.

1. Go to www.indiancreekschool.com
2. Click on *Athletics*
3. Click on *Middle School*
4. Click on the appropriate Sport/Team
5. Click on the *Add/Remove Me from E-Mail Distribution* (upper right corner)

Whom do I contact with additional questions/concerns?

You can contact Troy Evans with any additional questions or concerns regarding Lower and Middle Athletics. Feel free to contact the school at 410-923-3660 or email me at tevans@indiancreekschool.com. I will get back to you as soon as I find the answer.